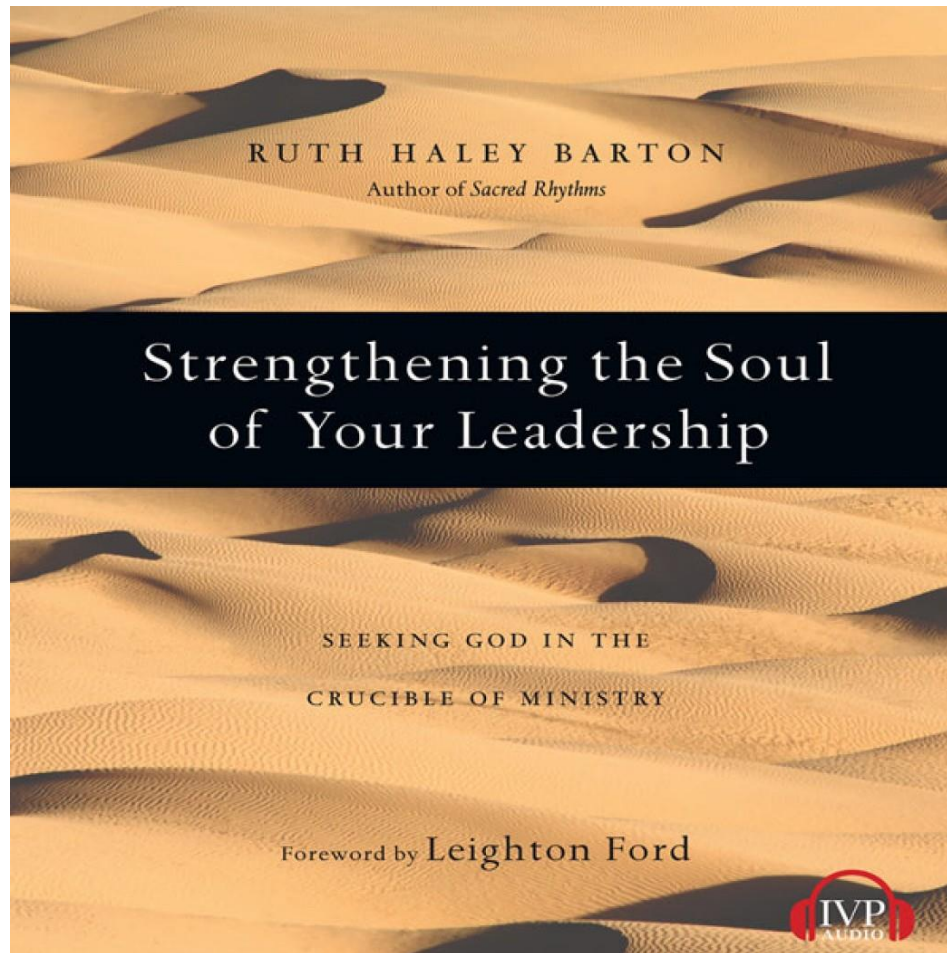


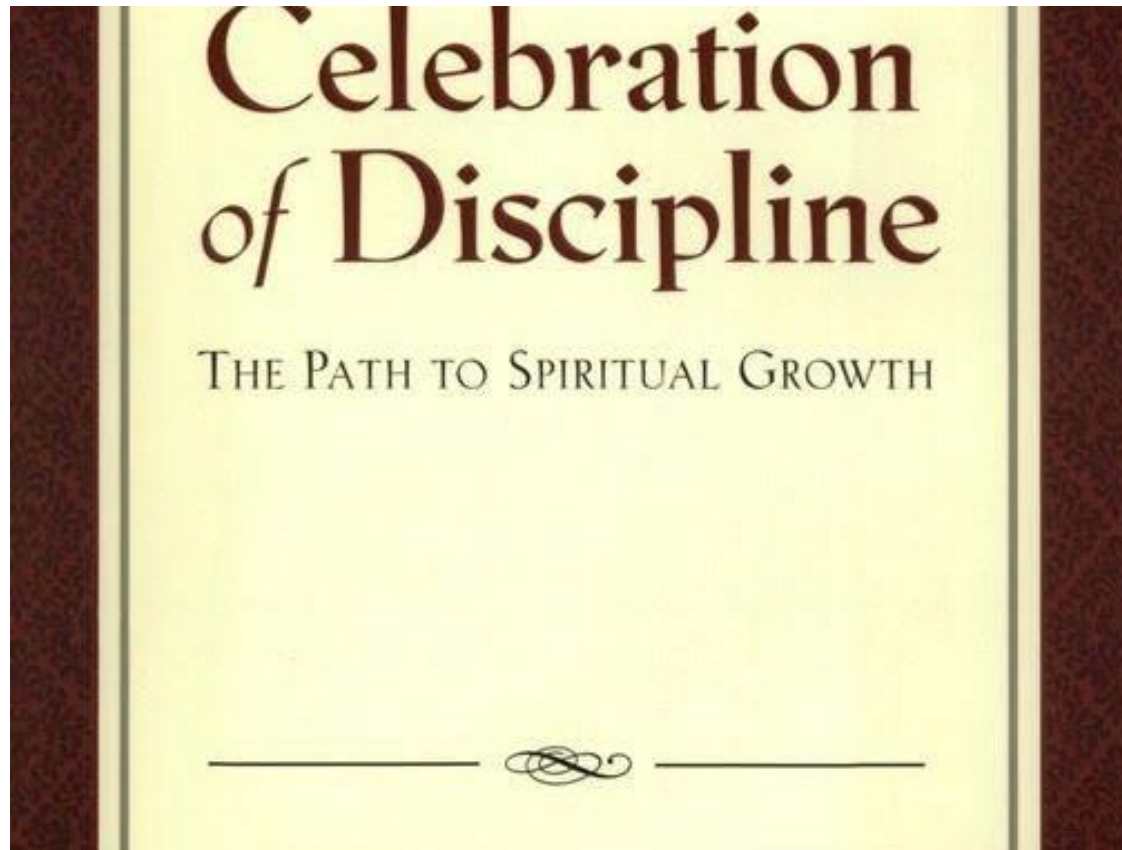
PRAYER AND SPIRITUAL DISCIPLINES

A THREE-PART SEMINAR

Randy and Linda Corbin

RESOURCES

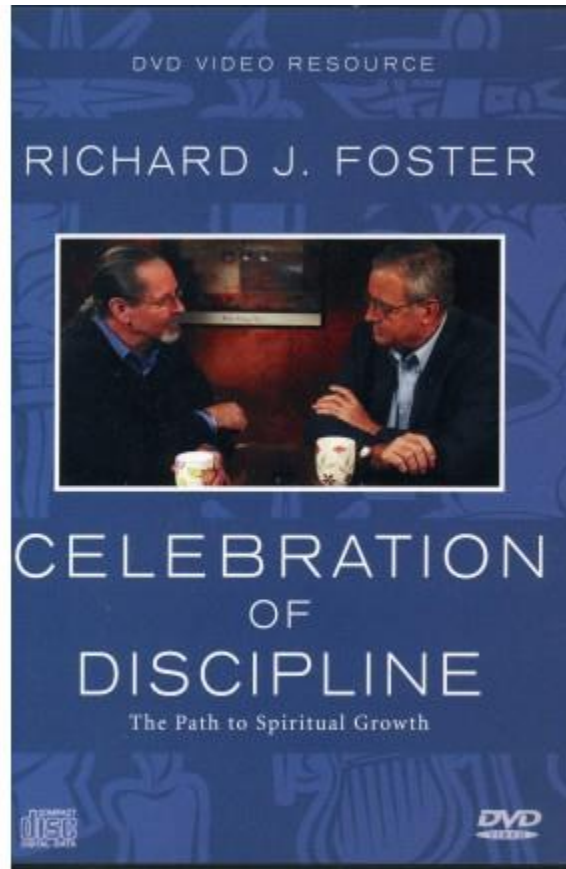




Richard Foster

A Collateral Read

DVD Series



THE JOURNEY OF SPIRITUAL DISCIPLINES



THE SOUL: THE REAL YOU!



LIFE BELOW THE WATER LINE



THE WAR TORN SOUL



INDICATORS

- Irritability
- Restlessness
- Compulsive overworking
- Cynicism
- Critical Spirit
- Emotional Numbness
- Escapist Behaviors
- Failure to keep up with responsibilities

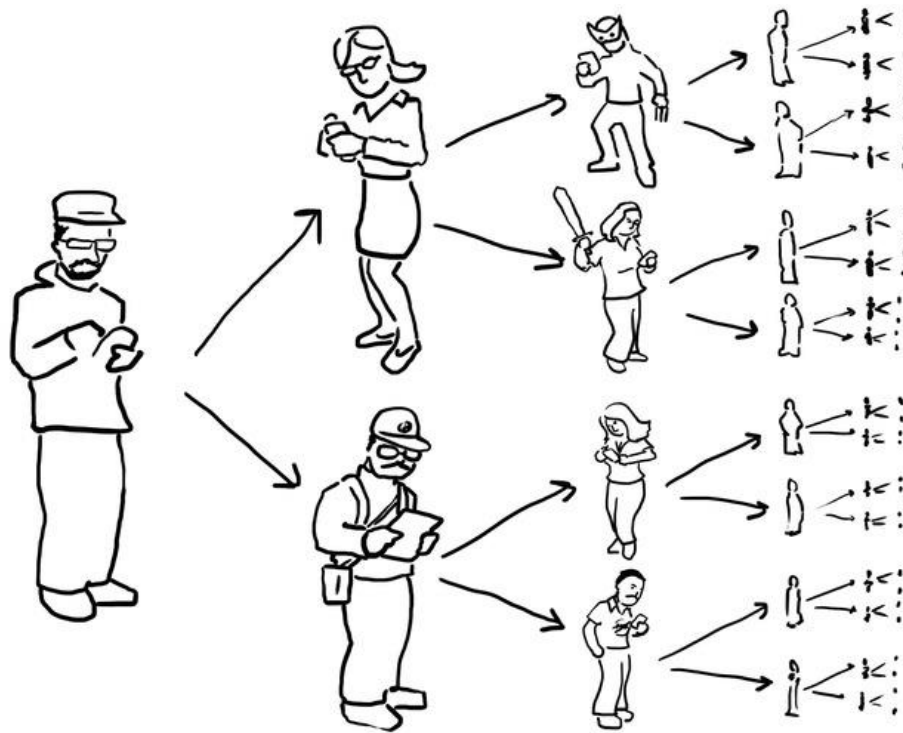
SOUL - LOSS



Some Experience Gain ...

- Congregational Gain
 - Workers Multiplied
 - Facility Expansion/Financial Growth
 - Denominational Recognition
-
- BUT the soul becomes weed and pest filled
 - One's life can crash and burn

The Contagion Spreads



Soul Care: A Must

- Our Greatest Need
- Our Family's Greatest Need
- Our Church's Greatest Need
- Our Denomination's Greatest Need



The Best Bread Comes From Our Own
Oven of Intimacy With God

SOUL HEALTH

- On-Going Communion With Jesus
- A Sense of God's Presence
- Spirit-Filled Empowerment/Transformation
- Love Relationship with Jesus
- A Dwelling upon God's Word for Daily Strength



Spiritual Disciplines Can Take Us to Soul Health

They are a pathway ... but only a pathway

COMPETING ELEMENTS



- You are a CEO/Board of Directors
- You must be a strategic planner
- You must be a human resource director
- You must be a manager
- You must be a fund raiser
- You must be a first class communicator
- You must oversee the facility
- You must be a top-notch counselor/care-giver

SPIRITUAL DISCIPLINES REQUIRE PRIORITY

- Weeding out non-essentials
- Re-structuring our time
- Learning to say “No”



MOSES



shutterstock - 113896090

SPIRITUAL DISCIPLINES LIST (Partial)

Richard Foster: Inward Disciplines

Meditation – Contemplation of Scripture

Prayer – Regularly and Purposely

Fasting – Abstaining from certain practices

Study – Deep study of Scripture/ Memorization

SPIRITUAL DISCIPLINES LIST – 2

(Partial)

Richard Foster: Outward Disciplines

Simplicity – Living life with frugality/simplicity

Solitude – Spending time alone

Submission – Fight against pride

Service – Giving time to others

SPIRITUAL DISCIPLINES LIST – 3

(Partial)

Richard Foster: Corporate Disciplines

Confession – Confess to trusted friends

Worship – With those of like Faith

Guidance – Seeking Direction

Celebration – Expressing gratefulness

SOME ADDITIONAL SPIRITUAL DISCIPLINES

- Frugality
- Chastity
- Secrecy
- Sacrifice
- Fellowship

OUR STUDY

SILENCE

SOLITUDE

PRAYER

SABBATH

CORPORATE

PRAYER

CORPORATE

GUIDANCE



DANGERS

LEGALISM

SELF-
RIGHTEOUSNESS

RITUAL



SESSION 2

DISCIPLINES

LINDA CORBIN